

Answer questions you want to pre-fill, then click submit.

Cell Phone Addiction Capstone Survey Questions

Hello,

We are John Holaday and David Bath and are conducting a survey for our senior capstone project at California State University Monterey Bay. We want to see how cell phone usage can affect American and Japanese college students and their daily lives. This survey is for College and University students only. Your answers will be kept confidential. Please answer as truthfully as possible.

* Required

1) What gender do you identify as? *

- Male
- Female
- Other:

2) What year are you in college? *

- Freshman
- Sophomore
- Junior



Senior

Other:

3) How do you view OTHER PEOPLE who are constantly on their cell phones in the classroom? *

Very positively

Somewhat Positively

Somewhat Negatively

Very Negatively

No Opinion

4) Do you find YOURSELF on YOUR phone in the classroom texting or using it for non-educational purposes? *

Very Often

Often

Sometimes

Uncommon

Very Uncommon

Never

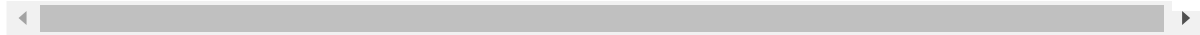
5) (If Sometimes, Often, or Very Often in above question #4) Why are you using your cell phone in the class? *

Responding to non-critical message (Text or E-mail)

Responding to Critical Message (Text or Email)



| | | | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| At Work. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| At school. (Outside of the classroom) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Rushed for time. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| In the classroom. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



8) How long do you wait to reply to a text message? *

- Immediately
- Within 5 minutes
- Within 10 minutes
- Within 30 minutes
- Whenever is possible
- Other:

9) Do you use YOUR cellphone in certain situations to reply to someone where it can be potentially dangerous? (I.E. While Driving, Walking, Biking, Skating, etc.) *



- Very Often

- Sometimes
- Not Often
- Never

10) Do you see OTHERS using their cell phones in potentially dangerous situations? (I.E. While Driving, Walking, Biking, Skating, etc.) *

- Very Often
- Sometimes
- Not Often
- Never

11) How many hours per day, generally, are you on your phone? *

- 0-2 hours
- 3-5 hours
- 6-8 hours
- 9-11 Hours
- 12+ Hours

12) Which of the following applications do you use most often for COMMUNICATING on your cellphone? (Choose 3) *

- FaceBook
- Twitter



- Snapchat
- Instagram
- Line
- Internet
- Texting
- Phone calls
- Other:

13) Do you believe you are addicted to your cellphone? *

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

14) How often do you use your cellphone in the following situations? *

Very Often Often Sometimes Uncommon Very Uncommon Never



Work (ie.,
Scheduling,

| | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Contacting Management, Contacting Co-Workers, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| School (Dictionary, Calculator, Educational Assistance, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Relaxation (Music, Watching Videos, Browsing the Internet, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Social Media (Keeping up w/ Friends & Family, Viewing Celebrity Pages, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Games (Playing by yourself, Playing with friends Competitively, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

15) What psychological influences make you want to use your cell phone? *

| | | | | | | |
|--------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| | Very Often | Often | Sometimes | Uncommon | Very Uncommon | Never |
| Stress | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



| | | | | | | |
|---------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Relaxation | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Fun | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Depression | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Anxiety | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Peer Pressure | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

16) How much time do you spend using your phone to help you relax per day? *

- 0 Hours
- 1-2 Hours
- 2-4 Hours
- 4-6 Hours
- 6-8 Hours
- 9+ Hours

17) How long do you believe that you could go without using your cell phone? *

- Less Than 1 Hour
- 1-3 Hours




- 1 Day
- 1 Week
- 1 Month
- 1 Year

18) How do you view excessive use of cell phones? *

- Destroying human communication
- Creating a major distraction
- Speeding up communications
- Allows for world-wide communication in small form factor

19) On what device did you complete this survey? *

- Computer
- Cell Phone
- Tablet (i.e iPad, Kindle, etc.)
- Other:

Thank You Very Much. 

You have now completed our survey. Thank you very much for your time and effort.

